

Bishop Carroll Athletic Society Gift Giving Catalogue



INVESTING IN OUR
STUDENTS' POTENTIAL

Investing in Our Students' Potential

Equipment Packages

Bundled Equipment Component Costs are:

- 1. Cardio Training Centre \$34,600
- 2. Weight Machines - \$30,020
- 3. Free Weight Strength \$28,665
- 4. Power Stations \$23,550
- 5. Med Balls & Kettleballs: \$6,060
- 6. Bands, Toners & Core: \$1,100



Total Cost: 124,000

1. Cardio – Life Fitness Treadmills/Ellipticals - \$33,380

Comprised of:

1 Walking Desk
\$7,150



2 Life Fitness SC Treadmill
@ \$7800 each for Ttl of \$15600



2 Life Fitness SC Cross-trainer
@ \$5740 each for Ttl of \$11,480



2. Weight Machines (Strength) \$30,020

Comprised of:

Assisted Chin Dip
\$5,180



Seated Leg Curl
\$4,800



Seated Leg Press
\$7,350



Seated Row
\$4,375



Seated Leg Raise
\$1,670



Back Extension
\$1,525



Smith Machine & Bench
\$5,120



3. Lifting Hub - Hammer AT Rig 4 x 34 (includes Benches, Weights) \$28,665

Comprised of:

Hammer Monkey Bar Rig 4 x 34: \$9,535 and

Monkey Bar Works: \$7,265

(Storage, Half Rack Catch,

Plate Dividers, Power Bars):



2 Large Weight & Bench Package: \$4,560 each

1 Small Weight & Bench Package: \$2,745



4. Power Stations - \$23,550

Synergy 360T Station

\$10,315



TRX

\$2,330



Synergy go Station

\$10,905



5. Med Balls and Kettle Balls - \$6,060

1 Set of Medicine Balls & Rack: \$670

1 Small Kettle Ball Package & Rack: \$1090

1 Large Kettle Ball Package & Rack: \$2,725

1 Bench: \$1,575



6. Bands, Toners & Core - \$1,100

Strength Bands

\$400



Toners

\$270

Core & Bosu

\$430

