

PRIDE POST WEEKLY

Notre Dame High School

SCHEDULE THIS WEEK NOVEMBER 11 - NOVEMBER 15, 2019

MONDAY November 11	TUESDAY November 12	WEDNESDAY November 13	THURSDAY November 14	FRIDAY November 15
No School	Day B	Day A	Day B	No School

NEW THIS WEEK

Veteran's Food Bank Donations

We are collecting non-perishable food for the Veteran's Food bank all week. Donations may be dropped off in the Learning Commons before school, during TA, lunch and afterschool.

World of Choices – Career Exploration Day for Girls. Friday, December 6th. Sign up now in the Career Centre (Room 1047) to attend this event. Girls will be able to meet with career mentors in a wide range of occupations. Bus transportation and lunch is provided at no cost.

ATHLETICS



@NWHATND_CCSD



@NDPRIDE_CCSD

BASKETBALL TRYOUTS BEGIN NEXT WEEK!

First tryout will be on Monday November 18th

Jr/Sr GIRLS Monday November 18th @ 630am

Jr/Sr BOYS Monday November 18th @ 330pm



UPCOMING SPECIAL DATES

NOVEMBER 11

Remembrance Day – No School

NOVEMBER 13

Progress Report Distribution

NOVEMBER 15

Parent/Teacher Interviews – No School



STUDENT SERVICES

CAREER CENTRE

There will be a **Dual Credit presentation on Nov 12** during lunch in Room 2032. There are a large variety of offerings, including Health Care, Animal Care and Trades.

Dual Credit Software Development Information Session - Bow Valley College – North Campus, Room N124. November 13th, 7:00 p.m. – 8:00 p.m.

St. Mary's (Halifax) University, November 14th – During PRIDE in the gathering area. Look for the display in the gathering area.

University of British Columbia Information Session at Notre Dame – November 14 at lunch, Room 1039. Learn about programs and admission requirements.

Your Degree at UBC, Public Information Session – November 16, 10:00 a.m. – 12:30 p.m.

Calgary Telus Convention Centre (120 – 9th Ave. SE, Calgary, AB)

Exploring Metal Trades – Learn about welding, iron work, sheet metal and pipefitting. Apply by November 28th. See the Career Practitioner for application details.

PRIDE CAFÉ MENU

Day	Hot Specials	Deli	Soup/Salad
Mon	#1 – NO SCHOOL #2 –		Soup: Salad:
Tues	#1 – Cajun spiced grilled por, pickled onion & corn relish/tomato rice pilaf, acorn squash #2 – Beef Stroganoff demi glaze, egg noodles, acorn squash	Tuna Melt	Soup: Cream of Tomato Salad: Potato with Bacon
Wed	#1 – Hungarian pork schnitzel (fried), velouté/spätzle, veggies #2 – Roast Lamb au jus, potato gratin and veggies	Roast beef and cheddar baguette	Soup: Italian wedding Salad: Spinach, chicken, mushroom, bacon and egg
Thurs	#1 – Malaysian Beef rendang, jasmine rice #2 – Poached Salmon, dill butter sauce, rice pilaf, veggies	Rueben	Soup: Chicken noodle Salad: Crunchy Ramen
Fri	#1 – NO SCHOOL #2 –		Soup: Salad:

MINISTRY HOURS

Vivo is hosting their Everybody Plays Event on **Friday Nov 15th**. Volunteers are needed to help with bounce houses, sports, games, assist with demos in fitness. Greeting/direction, counting (with clickers). Volunteers are needed from 3:30PM to 8:30PM. Please see Mrs. Sgarbossa to sign up.

Thorncliffe Greenview Community Center is looking for volunteers to help with their Christmas event. You will help with set up and take down, clean up, serving dinner etc. The date is Fri Dec 13/19 from 4:00PM to 10:30PM. Please see Mrs. Sgarbossa to sign up.

The **Will To Ride Foundation** is looking for volunteers to assist with their therapeutic horseback riding sessions for children with physical, mental and sensory disabilities that are aged 3 – 18. They will be providing training for the current roles of supporting children as they ride and helping with set up and running of the sessions. Sessions are currently run from the Al-Azhar Fezdome in NW Calgary and are during the day on Saturdays and or Sundays. Please see Mrs. Sgarbossa for more details.

Lions Eyeglass Recycling needs a team of 20 volunteers from Notre Dame on **Saturday Dec 14th, Feb 22, and April 20th** to help clean, sort and read prescriptions on glasses that are sent to developing countries all around the world. This runs from 9:00AM to 3:00PM. If you would like more information or to sign up please see Mrs. Sgarbossa in Room 1050