

# Our Lady of the Rosary

## Weekly News

February 4 to 8, 2019



Thank you:

- Parent volunteers who were able to volunteer for the Scientists in School program. Your support is appreciated at Our Lady of the Rosary School.

<b>Mon., Feb 4</b>	➤ Seton Public Library presentation (9 – 11:30 am)
<b>Tues., Feb 5</b>	➤ Happy Tuesday!
<b>Wed., Feb 6</b>	➤ Healthy Hunger lunch - Subway
<b>Thurs., Feb 7</b>	➤ Alberta Opera performance ➤ Mac & cheese in the canteen for \$3
<b>Fri., Feb 8</b>	➤ Happy Friday!

### REPORTING ABSENCES AND STUDENT PICKUPS

If your child will be absent on a school day, please call into the office at (403) 500-2126 to report your child's absence before 9 am. Shortly after this time, automatic system call-outs will go to the phone numbers listed under your family name.

As a reminder, when picking up or visiting students at school, please check in at the office. Visitors are required to sign in before walking into the school.

### CIRCLE OF WARMTH

Between February 1 to 13, please send towels, comforters, blankets, sleeping bags to school in a large bag.

Note: do not send new or expensive items.

**What:** We are collecting used blankets, comforters, sleeping bags and towels.

**When:** Between February 1 to 13, 2019.

**Who:** We are donating these items to the Mustard Seed who will distribute them to homeless people throughout the winter season.

**Why:** The Mustard Seed offers services that help people make positive and lasting changes.

Bringing one of the "corporal works of mercy" alive in our school community – ***"shelter the homeless"***.



### DRESS FOR THE WEATHER



Please be aware that, according to the long range forecast, our lovely weather is turning very cold beginning on Sunday.

Be sure that your children wear all of their warm coats, scarves, mittens and snowpants.

Our district policy is that the students will enjoy indoor recess if the temperature is -20 or below.

### SOUNDKREATIONS DANCE

Students at OLR have been working with their instructor, Josh, from SoundKreations all week. Using the genre of “Hip-hop”, he was able to teach each grade level, including kindergarten, a unique dance routine. All of the students were engaged and excited to try out some new moves. Ask your child(ren) to show you the new moves that were taught this week.



### VOLUNTEERS ARE IMPORTANT!!

Throughout the school year, there is a small group of parents who spend countless hours volunteering to organize school events like the Halloween dance, the movie night, as well as day-time events like Shrove Tuesday.

**WE NEED MORE VOLUNTEERS** to help out with these events as *many hands make light work*.

Please look for more volunteer opportunities to come. Keep in mind that all volunteers require a volunteer orientation.



### MARCH SCHOOL COUNCIL

#### Mark your calendars!

Please note that the originally scheduled March School Council meeting is being re-scheduled to **Tuesday, March 12 at 7:00 pm**.



### CANTEEN AND HOT LUNCHES

The school canteen is open for business. We sell various snack items that sell mostly for \$1. The following hot lunches will be provided on Thursdays for the upcoming month.

- Thursday, February 7 – Mac & Cheese for \$3.00
- Thursday, February 21 – Burgers for \$3.00
- Thursday, February 28 – Pasta & sauce for \$2.00
- Thursday, March 7 – Perogies for \$3.00



## ACCOUNTABILITY PILLAR

As an annual check-up on the education system, the Accountability Pillar provides an opportunity for Alberta Education and school authorities to ensure that we are equipping students for success.

The Accountability Pillar uses a set of 16 indicators. Data on these indicators consists of surveys of students, parents and teachers on various aspects of education quality, student outcomes such as dropout and high school completion rates, and provincial assessments of student learning.

From January to the end of February, Alberta Education will be conducting the annual Accountability Pillar Survey.

- In January, parents of students in grades 4 will receive a survey from Alberta Education.
- In February, students in grades 4, 5, 6 and all teachers will be completing their surveys online at school.

All surveys are anonymous and ask questions about experiences with your school. In addition to English and French, the parent survey is available in Chinese, Punjabi, Arabic, Blackfoot, Dene, Cree, Korean, Spanish, Tagalog and Urdu.

Your participation in the survey helps provide important information on the quality of education your child is receiving, so we encourage you to return your survey promptly. At Our Lady of the Rosary, this information helps us improve the programming for your child in order to ensure they are receiving the best educational experience at our school.

Survey results will be available to school authorities in May, and will be reported publicly as part of their 3-Year Education Plans and Annual Education Results Reports.

## DISTRICT DAY HITMAN TICKETS ON SALE



Come join the Calgary Catholic School District for the Hitman game versus the Medicine Hat Tigers at the Saddledome on **Friday, February 15<sup>th</sup> at 7 pm.**

**Tickets can be purchased for \$12**

at [bit.ly/DistrictDay2019](https://bit.ly/DistrictDay2019) with the promo code LUNAR.

\*\*\*Tickets must be purchased through this link for the LUNAR code to work.\*\*\*

**We raise \$2 for the Catholic District foundation from every ticket sold** and from a portion of the night's 50/50 sales.

Entertainment includes:

- Free CCSD face-painting booth
- National anthem performance from a CCSD choir
- On-ice intermission skills performance from CCSD's Hockey Canada Skills students
- Performance from dragon dancers to celebrate the year of the pig
- Post-game fireworks display.

**Thank you for supporting the foundation and for joining in the fun!**

**Looking ahead:**

- Feb 14 – Teachers Convention - No School
- Feb 15 – Teachers Convention - No School
- Feb 18 – Family Day – No School
- Feb 19 – Speed Stacking starts (Feb 19 – Mar 5)
- Feb 19 – School Council @ 7 pm
- Feb 20 – Sister Madeline visits
- Feb 22 – Skipathon - Jump Rope for Heart
- Feb 22 – Grade 5 vaccinations (morning)
- Mar 1 – Spring photos
- Mar 1 – Kindergarten 100<sup>th</sup> day celebration and parade



## How Can Parents Help Their Children be Successful in a Concept-Based Learning Environment?

- Talk about concepts at home (and in your home language)
  - Introduce small concepts that are easy to understand and grasp
  - Have fun and play with concepts in a variety of ways
  - Ask lots of questions (and let your children find their own answers)
  - Make connections out loud
- 
- Be prepared to ask questions
  - Be reflective and allow your child to take their time to answer
  - Take time to talk, explore and provide them with a variety of life experiences, especially outside
  - Focus on the development of your whole child as an inquirer
  - Your enthusiasm is contagious, be the writer and the thinker that you want your child to be
  - Enable your child to take ownership over their own learning and to reach their goals
  - Motivate your child by example: be the scientist and the inquirer
  - Empower your child's voice and honour their choice
  - Provide opportunities where your child can make independent choices



## Parents Play a Vital Role in Raising Independent, Life-long Learners Who Make a Difference in the World Today





activities to build

# GRIT & RESILIENCE

in children



by Big Life Journal

## 1 DISCUSS THEIR DREAMS AND GOALS

Talk about the steps that would be required in order for your child to reach their goals. Encourage them to create a dream board and/or bucket list.

## 2 ENCOURAGE TO CONDUCT “GRIT INTERVIEWS”

Encourage your child to interview grandparents, neighbors, or other acquaintances who have worked hard toward a long-term goal.

## 3 SHARE STORIES OF GRITTY FAMOUS PEOPLE

Encourage your child to study famous people (and their failures) like Michael Jordan or J.K. Rowling. These examples will show them that perseverance through failure can lead to great success.

## 4 TEACH ABOUT GRIT THROUGH NATURE

Read together the Tupac Shakur poem “The Rose That Grew from Concrete.” Then discuss what represents the “concrete” in their life. What are their obstacles? Next, discuss how your child can “break through concrete” like the rose. What can they do to overcome obstacles and reach their dreams?

## 5 TEACH ABOUT GRIT THROUGH LITERATURE

Read classic stories of perseverance like “The Little Engine That Could” or Dr. Seuss’s “Oh, The Places You’ll Go.” Help your child form connections to their own life. Talk about their challenges, response to failures, and how to live with grit.

## 6 ASK, “WHAT’S THE HARD PART?”

When your child feels discouraged or tempted to give up, ask them, “What’s the hard part?” After the two of you have identified the challenge, ask your child what they could do to fix or overcome “the hard part.”

## 7 FOLLOW THE “HARD THING RULE”

The rule has three parts: 1) Each member of the family has to do something hard. 2) You must finish what you start. 3) No one gets to pick the “hard thing” for anyone else, so your child gets to choose his own challenge.

## 8 TRY THE “GRIT PIE” EXERCISE

The pie represents an obstacle your child is facing. Each slice of pie symbolizes a cause of the problem. For each slice, analyze whether their thoughts about the problem are permanent or temporary and whether they blame themselves or others.

## 9 SHARE YOUR PASSIONS

Show your child your excitement about activities outside of working and parenting, and devote time to developing these passions.



# Transportation Department



**CALGARY CATHOLIC  
SCHOOL DISTRICT**

## Bus Zones

Parking in bus zones is illegal and a serious safety hazard. School Bus Unloading Zones are located at all schools to facilitate the arrival and departure of charter bus students. Your co-operation in keeping these bus zones clear is appreciated.

Know your child's bus company. Find the company's name and phone number on the top of your child's route schedule

## Transportation Concerns

Late Buses (Morning and Afternoon)	- Report to School - Call the bus company
Student does not arrive home on time in afternoon	- Call the school or/and call the bus company listed on the top of route schedule and listed on this page.
Student Problems on the bus	- Call the School Principal
Safety	- Call the school -
Lost Articles	- Call the bus company



**IMPORTANT  
CONTACT PHONE  
NUMBERS!!**

<b><u>Transportation Department:</u></b>	
Phone	403-500-2458, 403-500-2457 403-500-2456
Fax	430-500-2929
<b><u>Bus Companies:</u></b>	
First Student	403-531-3900
Willco:	403-242-1176
<b><u>Cabs:</u></b>	
Associated	403-299-1115
Checker	403-299-4934
<b><u>Calgary Transit Customer Service Line:</u></b> 403-262-1000	

## Parents' responsibilities

- A. Training children about acceptable school bus behavior and safety.
- B. Ensuring that the child has a place to go when leaving the bus after school or if the bus does not come in the morning
- C. Ensuring that children are suitably clothed to withstand weather extremes, taking special care during very cold weather to be certain that children are properly cared for until the bus arrives, and providing children with a responsible person to contact if the bus fails to arrive.
- C. Getting students to and from the pick-up and drop-off point.
- D. Changes can only be made through the Transportation Department. The driver does not.
- E. Discussing transportation problems with the school office personnel who will report them to the transportation department.
- F. Ensuring that only children designated for transportation ride the bus. Parents or pre-school children cannot be transported.
- G. Discussing reports of misbehavior on the bus with your children.
- H. Bus companies dispatchers can radio bus drivers and find out where your child is and if they are still on the bus.