



ST. WILLIAM SCHOOL



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CALGARY CATHOLIC SCHOOL DISTRICT



Week at a Glance

WEEK OF: Feb. 25 – Mar. 1, 2019

MON - 25

DAY 3

- CC of C Snack Drive

TUES - 26

DAY 4

- CC of C Snack Drive
-

WED - 27

DAY 5

- Hitmen – Be Brave Game (grades 1-6) at the Saddledome
- CC of C Snack Drive



THURS - 28

DAY 6

- CC of C Snack Drive
- Grade 2-3 Multicultural Luncheon

FRI - 1

DAY 1

- Kindergarten Shape Safari
- CC of C Snack Drive & BFG Activity

IMPORTANT INFORMATION

- **Congratulations! Its' a GIRL!!!** Congratulations to Mrs. Allen and her husband on the birth of sweet baby Sophie on February 20! Mom and baby are doing well – Dad is proud as can be! We hope to meet the newest member of the St. William Family soon!
- **Staff Parking Lot:** We are asking all parents, caregivers, and guardians to not enter the staff parking lot between the hours of 8:00 a.m. and 4:00 p.m. to drop children off for school or pick them up at the end of the school day. Over the past few weeks we have had a few parents almost hit each other or a staff member's car as they were navigating the snow and ice in the lot. A child ran out between vehicles to get to into their parent's car and scared a staff member who did not expect to see a child in the staff parking lot. Please use the parent drop off lot on Willingdon Blvd. This is a huge safety concern, and we appreciate your understanding.



LOOKING AHEAD

- Hitmen Be Brave Game – Wednesday Feb 27 (gr 1-6 all day!)
- Ash Wednesday Liturgy – Wednesday March 6, 2019 at 10:00 a.m. in the School Gymnasium.
- Progress Report Cards come home on March 8, 2019
- Parent Teacher Interviews will be held Thurs. March 14 and Friday March 15, 2019. Please save the date!
- Conference Manager will be live on Saturday March 9, 2019 at 8:00 a.m.

FUN LUNCHES!!!



- The next Subway lunch will be on **Friday March 8, 2019.**
- There will be a Fun Lunch on **Fri. March 22, 2019.** We will be having lunch delivered from **Little Caesars** **Deadline for ordering is Sunday March 17.** Please order through Healthy Hunger www.healthyhunger.ca
- We are looking for volunteers to help at all of our Fun Lunches too! Can you help? It only takes about 30 minutes of your time on the Fun Lunch Day! Please sign up at: www.volunteersignup.org/JHAMX
- Remember – if you have not completed the volunteer orientation, you will need to complete it online first! <https://www.ccssd.ab.ca/schools/stwilliam/Parents/Volunteer/Pages/default.aspx>



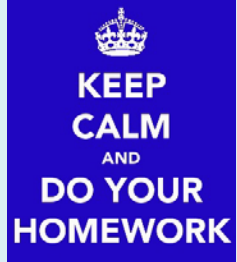


CATHOLIC COMMUNITY OF CARING

St. Bernadette Snack Drive

- Starting Friday evening (Feb 22), at our Family Dance, we will be accepting donations of healthy snacks to be delivered to St. Bernadette School.
- Each class has been given a specific type of snack, so that we collect a variety of items.
- We will continue to collect the snacks throughout next week.
- On Friday, March 1, during our BFG activity the students will be decorating paper bags which teachers will fill and deliver to a St. Bernadette School.

From the CCofC team



HOMEWORK

Using homework to teach organizational and time-management skills will enable your young child to cultivate great study habits and thrive in school. Much of the stress that students face in school comes from their busy academic and social lives.

As students juggle schoolwork, friends, sports, and other extracurricular activities, one of the key skills that helps them succeed is the ability to organize and prioritize the many demands on their attention. The elementary school years are the best time to establish good study habits at home that will help kids take responsibility for their work and become more independent. Children who learn inner control by making decisions and facing the consequences gradually become more independent and ultimately more resilient. Over the next few weeks we will share tips on how to “do” homework effectively!

Here are some ways to teach your elementary school-aged child how to organize her work and keep track of her responsibilities:

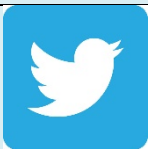
1. Establish a consistent homework routine.

Having a consistent routine helps kids learn what is expected of them without having to repeat instructions ad nauseam.

Encourage kids to do homework in the same spot at roughly the same time every day. Let them choose a space with less distraction, preferably where you can keep an eye on them. For us, homework is done at the kitchen table, after the kids eat their after-school snacks.

I prefer to allow TV or playtime only after homework is finished. Each family will have different rules, but as long as you keep the rules consistent, there will be less confusion and negotiation required on a daily basis.

Next week: Homework supplies and independence



TWITTER

- We are thrilled to let you know that we now have a Twitter Account here at St. William School!
- Please follow us at [@stwilliam_ccsd](https://twitter.com/stwilliam_ccsd)
- Check out the tweets! We love when you “like” them ❤️



CLASSROOM WEBSITES

Teachers Websites and Google Classrooms are up and running!

Many of our teachers are also using Google Classrooms to communicate directly with their classes only. These sites are private and accessed only by invitation to the class members students and their families.

K – D

<https://sites.google.com/learn.ccssd.ab.ca/kindergartenwithmrsd/home>

1 S

<https://sites.google.com/learn.ccssd.ab.ca/grade12018-19/welcome>

2/3 A&P

<https://sites.google.com/learn.ccssd.ab.ca/grade23website/home>

3/4 F

<https://sites.google.com/learn.ccssd.ab.ca/mrsfgrade4/home>

4/5 L

<https://sites.google.com/learn.ccssd.ab.ca/mrslapinskie4and5s/home>

5/6 Z

<https://sites.google.com/learn.ccssd.ab.ca/ms-zahavichs-grade-56-class/home>



- The link to Connections on our district website (under News/[News Updates](#)) is:

http://bit.ly/Connections_Feb2019



- Visit the St. William School Website: <https://www.ccssd.ab.ca/schools/stwilliam/Pages/default.aspx>
- Check the district website calendar regularly for updated events posted on the calendar!

Bullying Basics – Pink Shirt Day is February 27, 2019

Pink Shirt Day Bullying Information

What is bullying? What is the difference between bullying behavior, rude behavior, and mean behavior? What is the difference between teasing and taunting?

Rude vs Mean vs Bullying

RUDE - Inadvertently saying or doing something that hurts someone else. Happens once.

MEAN - Purposefully saying or doing something to hurt someone once (or maybe twice).

BULLYING - Intentionally aggressive behavior, repeated over time, that involves an imbalance of power

Teasing vs Taunting

Teasing is a fun thing you do with friends; people you care about.

-meant for both parties to laugh

-based on equality (easily swap roles)

-only a small part of the activities shared by friends

-is innocent in motive

-is discontinued when the person teased becomes upset or objects

Taunting is a choice to bully someone for whom you have contempt

-laughter is directed at the target, not with

-imbalance of power; one sided

-meant to diminish

-continues especially when targeted child become distressed or objects



What is Not Bullying?

Not all acts of aggression are bullying

Bullying is not:

-Sibling rivalry

-One-on-one fighting or sibling or peers with competing interests

-acts of impulsive aggression (spontaneous, indiscriminate striking out with no intended target)

Some kinds of bullying are:

Verbal (name-calling)

Physical (punching, pushing)

Social (leaving someone out of a game or group on purpose)

Extortion (stealing someone's money or toys)

Cyberbullying (using computers, the Internet, mobile phones, etc. to bully others)

TIPS

If you are being bullied, try one of the following strategies:

- Walk away

- Tell someone you trust

- Take the initiative to get help

- Say something complimentary to the bully to distract them

- Stay in groups to avoid confrontation

- Use humour to deflect the situation

- Never let the bully see you sweat

- Practice self affirmation (i.e. I am a nice person)

If you are a bystander, instead of ignoring a bullying incident try the following:

- Tell a teacher (administration)

- Move toward or next to the victim

- Use your voice "stop"

- Befriend the victim

- Lead victim away from the situation

If you think you are the Bully, try the following:

- Talk to a teacher/counsellor

- Put yourself in their shoes

- Stop the cycle

- Think before you act

For more information check out the CCSD website:

https://calgarycatholicschools.sharepoint.com/repository/SBAttachments/49bad73e-9a06-444b-8221-e27e66314cb1_BullyingInformationforParents.pdf#search=bullying

or the Pink Shirt Day Society – Bullying Stops Here Website:

<http://www.pinkshirtday.ca/>