



ST. WILLIAM SCHOOL






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CALGARY CATHOLIC SCHOOL DISTRICT



Week at a Glance

WEEK OF: March 4 – 8, 2019

MON - 4 DAY 2	•
TUES - 5 DAY 3	• Shrove Tuesday 
WED - 6 DAY 4	• Ash Wednesday Liturgy – 10:00 a.m. – all welcome! 
THURS - 7 DAY 5	• School Council Meeting – 6:30 p.m.
FRI - 8 DAY 6	• Progress Reports come home • Subway Lunch! 


IMPORTANT INFORMATION

- **Shrove Tuesday Breakfast** – we are blessed that the Knights of Columbus from St. Cecilia Parish will be providing us with a Shrove Tuesday Breakfast again this year. Shrove Tuesday is the day before Ash Wednesday, the beginning of Lent in the Roman Catholic Church. Shrove Tuesday is a reminder that we are entering a season of penance and this was originally a solemn day. Over the centuries, in anticipation of the Lenten fast that would begin the next day, Shrove Tuesday took on a festive nature. That is why Shrove Tuesday is also known as Fat Tuesday or Mardi Gras, which is simply French for Fat Tuesday!
- **SPARK** – At St. William are committed to our daily SPARK program and we are celebrating our half year anniversary! Research shows that for your brain to function at its peak, your body needs to move. Daily SPARK prepares your brain to learn, improves mood and attention and lowers stress and anxiety. Despite the cold weather we are continuing to do our weekly routine of walking, dancing and in class physical activity. These 15 mins, every day, prepare our students for success.

LOOKING AHEAD

- School Council Meeting – Thursday March 7, 2019 at 6:30 p.m.
- Parent Teacher Interviews will be held Thurs. March 14 and Friday March 15, 2019. Please save the date!
- Conference Manager will be live on Saturday March 9, 2019 at 8:00 a.m.
- Last Day of Classes before Spring Break is Friday March 22, 2019
- Spring Break – Saturday March 23 to Sunday March 31, 2019
- April 1, 2019 – First day back after Spring Break (this is not a joke! LOL)

FUN LUNCHES!!!

- The next Subway lunch will be on **Friday March 8, 2019**. 
- There will be a Fun Lunch on **Fri. March 22, 2019**. We will be having lunch delivered from **Little Caesars**. **Deadline for ordering is Sunday March 17**. Please order through Healthy Hunger www.healthyhunger.ca
- We are looking for volunteers to help at all of our Fun Lunches too! Can you help? It only takes about 30 minutes of your time on the Fun Lunch Day! Please sign up at: www.volunteersignup.org/JHAMX
- Remember – if you have not completed the volunteer orientation, you will need to complete it online first! <https://www.ccssd.ab.ca/schools/stwilliam/Parents/Volunteer/Pages/default.aspx>



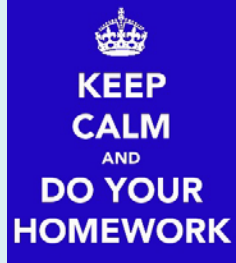


CATHOLIC COMMUNITY OF CARING

What is the Lenten Season?

The season of Lent is a Catholic liturgical season consisting of forty days of fasting, prayer, and penitence beginning at Ash Wednesday and concluding at sundown on Holy Thursday. The official liturgical color for the season of Lent is violet. This year, Lent begins on March 6, 2019. The word *Lent* derives from the Middle English word *Lenten*, meaning springtime – the time of lengthening days.

The name “**Ash Wednesday**” comes from the blessed ashes that are applied to the foreheads of the faithful. We receive them as a sign of the beginning of the season of Lent, the season of penance and preparation for Easter. The ashes are a symbol of penance and reconciliation. The ashes are the burnt palms used on Passion Sunday/Palm Sunday of the previous year. These palms are burned in the Easter fire, lit on the Saturday night that marks the transition from Holy Saturday to Easter Sunday.



HOMEWORK

2. Keep homework supplies and work organized.

Homework time can be frustrating when you spend large amounts of time searching for an eraser or a colored pencil, only to repeat that entire process the next day. I learned the hard way that it is important to have a space for supplies. Once kids know where they can find their stuff, you can take a step back and let them help themselves.

An important corollary to the above is that kids must take a few minutes to put things back in place when homework is done.

Just as important to remember is that completed assignments need to go back into the appropriate folders and backpacks *as soon as they are completed* — not in the morning, just before rushing out the door. This sounds obvious, but there have been countless occasions when the homework folder or completed worksheet has stayed home, and as a consequence, points have been needlessly lost in the classroom.

3. Let kids do their work independently.

With young kids, you may feel the need to sit with them while they do homework, but it's best to let them be independent and to help only when they ask. Most elementary school homework is a repeat of what was done in class, so kids are often quite capable of handling it. Allowing children to work on their own creates a sense of achievement and confidence.

Next week: Keeping kids organized; on-line homework



TWITTER

- We are thrilled to let you know that we now have a Twitter Account here at St. William School!
- Please follow us at [@stwilliam_ccsd](https://twitter.com/stwilliam_ccsd)
- Check out the tweets! We love when you “like” them ❤️



CLASSROOM WEBSITES

Teachers Websites and Google Classrooms are up and running!

Many of our teachers are also using Google Classrooms to communicate directly with their classes only. These sites are private and accessed only by invitation to the class members students and their families.

K – D

<https://sites.google.com/learn.cssd.ab.ca/kindergartenwithmrsd/home>

1 S

<https://sites.google.com/learn.cssd.ab.ca/grade12018-19/welcome>

2/3 A&P

<https://sites.google.com/learn.cssd.ab.ca/grade23website/home>

3/4 F

<https://sites.google.com/learn.cssd.ab.ca/mrsfgrade4/home>

4/5 L

<https://sites.google.com/learn.cssd.ab.ca/mrslapinskie4and5s/home>

5/6 Z

<https://sites.google.com/learn.cssd.ab.ca/ms-zahavichs-grade-56-class/home>



- The link to Connections on our district website (under News/[News Updates](#)) is: http://bit.ly/Connections_March2019



- Visit the St. William School Website: <https://www.cssd.ab.ca/schools/stwilliam/Pages/default.aspx>
- Check the district website calendar regularly for updated events posted on the calendar!